

Nash isometric imbedding theorem

Def: Given (V^n, g) and (W^k, h) two Riemannian manifolds. A C^1 -map $f: V^n \rightarrow W^k$ is called isometric if $f^*h = g$, i.e. $d\tilde{f}: T_x V \rightarrow f_x(T_x V) \subseteq T_{f(x)} W$ is a linear isometry for all $x \in V$.

- An isometric map is already an immersion.

- Locally with frame $\{\partial_i\}_{i=1,\dots,n}$, the isometric condition is $\langle f_*\partial_i, f_*\partial_j \rangle_h = \langle \partial_i, \partial_j \rangle_g$ ($1 \leq i \leq j \leq n$).

Def: A C^1 -map $f: V \rightarrow W$ is called short (resp. strictly short)

if $\|f_*v\|_h < \|v\|_g$ for all $v \in T_x V$, denoted by $f^*h < g$ (resp. \leq).

Theorem (Nash-Kuiper)

If $n < k$, then any strictly short immersion $f: (V^n, g) \rightarrow (\mathbb{R}^k, h)$ can be C^∞ -approximated by isometric C^1 -smooth immersions. Moreover, if f is an embedding, then f can be C^∞ -approximated by isometric C^1 -embeddings.

- For a closed C^∞ -mfld V , by Whitney embedding theorem, V can be embedded onto \mathbb{R}^{2n} (or \mathbb{R}^{2n+1}). Simply by changing the scale, such an embedding will be short.

§1. Jet spaces, partially differential relations and h-principle.

Coordinate definition of jets

Let $J_r(n, g)$ denote the real vector space of homogeneous polynomial maps of multi-degree r from \mathbb{R}^n to \mathbb{R}^k .

Let $f \in C^r(U, W)$; where $U \subseteq \text{open } \mathbb{R}^n$, $W \subseteq \text{open } \mathbb{R}^k$.

Then $D^r f \in C^0(U, \bigwedge_{|\alpha|=r}^r (\mathbb{R}^n, \mathbb{R}^k))$.

Actually, we may consider $D^r f \in C^0(U, J_r(n, g))$:

For $(x, h) \in U \times \mathbb{R}^n$ and v a basis of \mathbb{R}^n :

$$D^r f(x)(h, \dots, h) = (h \cdot \partial_1 + \dots + h \cdot \partial_n)^r f(x) = \sum_{|\alpha|=r} \frac{r!}{\alpha!} h^\alpha \partial_\alpha^r f(x) \in J_r(n, g).$$

(Here, $h = (h_1, \dots, h_n)$, $\partial_\alpha^r = \partial_1^{p_1} \circ \dots \circ \partial_n^{p_n}$ with $p_1 + \dots + p_n = r$
in a basis v .)

$$\text{So } \frac{1}{r!} D^r f(x) = (D_\alpha^r f(x))_{|\alpha|=r} = \left(\frac{\partial f}{\partial h_1 \cdots \partial h_r}(x) \mid 1 \leq i_1 \leq \dots \leq i_r \leq n \right)$$

Now we define $J^r(V, W) = V \times W \times \prod_{s=1}^r J_s(n, g)$, which is called the space of r-jets of germs of C^r -maps from V to W .

Note that $\dim J_s(n, g) = g \cdot \dim J_s(n, 1) = g \cdot \binom{n+r-1}{r} =: \pi_s r^s$

So $J^r(U, W) \cong U \times W \times \mathbb{R}^{q_{d1}} \times \dots \times \mathbb{R}^{q_{dr}}$

- There is a continuous map $\pi_r : C^r(U, W) \longrightarrow C^0(U, J^r(U, W))$, hence

$$J_f^r(x) := (x, f(x), \frac{1}{1!} D^1 f(x), \dots, \frac{1}{r!} D^r f(x)).$$
 Such $J_f^r(x)$ is called the jet of f at x .

Invariant definition of Jets.

In general, we want to define the jet space for arbitrary fibration $p: X \rightarrow V$ with fiber F , $\dim F = q$, $\dim V = n$.

Let f, g be C^r sections of the fibration. We define an equivalent relation by $f \sim g \Leftrightarrow \forall v \in V, \exists$ an open nbhd of v st. $\{f(v) = g(v)\}$ and

$$J_{\varphi, f}^r(\varphi(v)) = J_{\varphi, g}^r(\varphi(v)) \text{ for local trivialization } \varphi: U \xrightarrow{\sim} \mathbb{R}^n \times \mathbb{R}^q \quad [f(v) = g(v)]$$

- The jet space $X^{(r)} :=$ the equivalent classes $\langle f \rangle_v(x) (= J_f^r(x)) \quad (x \in V)$.
- We have natural maps $s: X^{(r)} \longrightarrow V$; $\tau: X^{(r)} \longrightarrow X$
 $\langle f \rangle_v(x) \mapsto x \quad \langle f \rangle_v(x) \mapsto f(x)$
- $X^{(r)}$ is naturally topologized as a manifold with charts $J^r(U, W)$ with $U \subseteq \mathbb{R}^n$, $W \subseteq \mathbb{R}^q$, where $\langle f \rangle_v(x) \in X^{(r)}$ is represented as $J_{f|_U}^r(x) \in J^r(U, W)$.

- Def: A partially differential relation on sections $f: V \rightarrow X$ is a subset $R \subseteq X^{(r)}$, where r is called the order of R .
- A C^r -section $f: V \rightarrow X$ is said to be a (genuine) solution of R if $J_f^r: V \rightarrow X^{(r)}$ maps V into R . Sometimes we may also call sections J_f^r a (genuine) solution of R .
 - A section $F: V \rightarrow X^{(r)}$ is called a formal solution of R if $F(V) \subseteq R$.
 - Homotopy principle: A partially differential relation R satisfies the h-principle if every formal solution of R is homotopic in $\underset{i}{\text{Sec}} R$ to a genuine solution of R .
 $\{ \text{sections from } V \text{ to } R \}$.

§2. One dimension convex integration

Given a differential relation $R \subseteq J^1(\mathbb{R}, \mathbb{R}^k)$, we can think of it as a differential inclusion $\dot{y} \in \Omega(t, y)$ for $t \in R$, $y \in \mathbb{R}^k$, where $\Omega(t, y) := R \cap F_{t,y}$ with $F_{t,y}$ the fiber of the projection $J^1(\mathbb{R}, \mathbb{R}^k) \rightarrow J^0(\mathbb{R}, \mathbb{R}^k)$.

For a section $F = (f, \varphi) : \mathbb{R} \rightarrow R \subseteq J^1(\mathbb{R}, \mathbb{R}^k)$, we define

$\text{Conv}_{F(t)} R$: the convex hull of the path connected component of $\Omega(t, f(t))$ that contains $F(t)$ (in the fiber $F_{t,f(t)}$).

$$\text{Conv}_F R := \bigcup_{t \in R} \text{Conv}_{F(t)} R$$

Def: A formal solution $F = (f, \varphi)$ of $R \subseteq J^1(\mathbb{R}, \mathbb{R}^k)$ is called short if $df(\mathbb{R}) \subseteq \text{Conv}_F R$.

Key lemma: (One dimensional convex integration)

Let $R \subseteq \overset{\text{open}}{J^1(\mathbb{R}, \mathbb{R}^k)}$ be an open differential relation and $F = (f, \varphi) : I \rightarrow R$ be a short formal solution of R . Then there exists a continuous family of short formal solutions $F_t = (f_t, \varphi_t) : I \rightarrow R$, $t \in [0, 1]$ st.

- (i) $F_0 = F$, F_t is a genuine solution of R
- (ii) f_t is (arbitrarily) C^∞ -close to f for all $t \in [0, 1]$.
- (iii) $F_0(0) = F(0)$ and $F_0(1) = F(1)$ for all $t \in [0, 1]$.

Def) Step 1 = (Reduction)

First we know $R \sim \{y \in \Omega(t, y)\}$ $\xleftrightarrow{z = y - f(t)} \tilde{R} \sim \{z \in \tilde{\Omega}(t, z) = \Omega(t, z + f(t)) - f(t)\}$ with initial formal solution $(0, \varphi - f)$.

To reduce further, we define an abstract flower $S := \frac{\coprod_{i=0}^n [0, 1]}{\{0\}}$, which means we paste n intervals at one point 0 , denoted by 0_S . Such $I_0 = [0, 1]_0$ is called the stem of the flower and $I_i = [0, 1]_i$ ($i \geq 1$) are called the petals of the flower. We say the image of $\psi : S \rightarrow \mathbb{R}^k$ a flower and write $\psi_i : I_i \rightarrow \mathbb{R}^k$, $\psi_i(0) = \psi(0_S)$ to be the restriction of ψ on $[0, 1]_i$.

With this definition, we have the following reduction:

It suffices to prove when $R = \mathbb{R} \times B_\varepsilon^k \times \overline{\mathbb{I}}$ with $0 \in \text{Int Conv}(\{\psi_i(1)\}_{i \geq 1})$.

↑
closed & ball a flower

and $F = (0, \varphi) : I \rightarrow R$ with $\varphi = \psi_0$.

(pf. of reduction) We claim that for $R \subseteq J^1(I\mathbb{R}, \mathbb{R}^g)$ and $F = (0, 1) : I \rightarrow R$ short formal solution, there exists a number $\delta > 0$ st. for any $t_0 \in [0, 1 - \delta]$
we can choose a flower $\Xi = \Xi(t_0) \subseteq F_{t_0, 0}$ st. (i) $0 \in \text{Int conv}\{\psi_i(t)\}_{i=1 \dots n}$
(ii) $\psi_0(t) = \varphi(t_0 + \delta t)$.
(iii) $[t_0, t_0 + \delta] \times B_\varepsilon^g \times \Xi \subseteq R$ for small ε .

With this claim, by choosing an appropriate subdivision of the interval I our reduction holds. To prove the claim, let $t_0 \in I$. We can pick a finite set of points in the connected component of $\Omega(t_0, 0)$ containing $\varphi(t_0)$ such that 0 belongs to the interior of the convex hull of these points. Now connect $\varphi(t_0)$ with the chosen points by some paths. These paths are petals the flower $\Xi = \Xi(t_0)$, while the stem is the paths $\psi_0(t) = \varphi(t_0 + \delta t)$. This has (i), (ii). And (iii) just follows from the openness of R and the compactness of I .

Step 2: (Construction of smooth genuine solutions)

We define the weighted product of $p_i : I \rightarrow \mathbb{R}^g$ in the weight of (d_1, \dots, d_k) ($d_1 + \dots + d_k = 1$, $d_i > 0$) by. $p = p_1 \circ \dots \circ p_k : I \rightarrow \mathbb{R}^g$ sending $t \in I$ to $p(t) = p_1\left(\frac{t-t_1}{d_1}\right), t \in (t_1, t_2], p(0) = p_1(0), t_1 = \sum_{j=1}^{k-1} d_j$ and $t_0 = 0$.

If $d_i = \frac{1}{k}$ for all i , we call such product a uniform product.

For any $p : I \rightarrow \mathbb{R}^g$, we may also define $\int p(s) ds : I \rightarrow \mathbb{R}^g$
 $t \mapsto \int_{t_0}^t p(s) ds$.

Then we have the following property:

If $\int_{t_0}^t p(s) ds = 0$ for $1 \leq i \leq k$, then $\int p_1 \circ \dots \circ p_k(s) ds = \frac{1}{k} \int p_1(s) ds + \dots + \int p_k(s) ds$ and then $\| \int p_1 \circ \dots \circ p_k(s) ds \|_{C^0} = \frac{1}{k} \max\{ \| \int p_i(s) ds \|_{C^0} \mid 1 \leq i \leq k \}$

Now if $\psi = \{\psi, \psi_1, \dots, \psi_k\}$ is the parametrizing map for the flower Ξ .

(To ensure the smoothness of the construction of maps, we assume $\psi_i(t) = \varphi(t)$ near t_0 and $\psi_i(t) \sim \psi_i(1)$ near $t=1$.) Write $\psi_i(1) = a_i$ for $1 \leq i \leq k$.

Consider the product $\psi := \psi_1 \circ a_1 \circ \psi_1^{-1} \circ \dots \circ \psi_k \circ a_k \circ \psi_k^{-1}$, where the weights of constant paths a_i are $(1-p)d_i$ and others are $\frac{p}{2k}$, where d_i is st. $d_1 a_1 + \dots + d_k a_k = 1$ (or $\text{conv}\{\psi_i(1)\} = 0$).

Now we want to adjust the weights so that $\int \psi(t) dt = 0$.

To do this, note that if we weight $a_1 \circ a_2 \circ \dots \circ a_k$ by $d_1 - d_k$, then $\int_0^1 a_1 \circ \dots \circ a_k(t) dt = 0$.

$$\text{Hence, } d = \int_0^1 \psi(t) dt = \int_0^1 \psi(s) ds - \int_0^1 a_1 \cdot \dots \cdot a_N ds \in \mathbb{R}^N.$$

$$\text{Then } \|d\| \leq (\max_{t \in I} \|\psi(t)\|) p.$$

For sufficiently small p , we have $d \in \text{Int}\{\{(1-p)\Delta\}\}$ with $\Delta = \text{conv}\{a_1, \dots, a_N\}$.

$$\text{Hence } \exists \tilde{x}_1, \dots, \tilde{x}_k \text{ s.t. } -d = \tilde{x}_1(1-p)a_1 + \dots + \tilde{x}_k(1-p)a_k.$$

Therefore assign the new weights $\tilde{x}_1(1-p), \dots, \tilde{x}_k(1-p)$ to the constant paths a_i , then $\int_0^1 \psi(t) dt = 0$.

Similarly, we can adjust the weights of $\tilde{\psi} = \psi_1 \cdot a_1 \cdot \psi_1^{-1} \cdot \dots \cdot \psi_k \cdot a_k \cdot \psi_k^{-1} \cdot \psi$ s.t. $\int_0^1 \tilde{\psi}(t) dt = 0$.

Now let $\psi_1 = \underbrace{\psi \circ \psi_0 \circ \dots \circ \psi}_{N-1} \circ \tilde{\psi}$ to be the uniform product of N factors.

And let $f_1(t) = \int_0^t \psi_1(s) ds$. Then we have $\|f_1\|_{C^0} = \frac{1}{N} \max \left\{ \left\| \int \psi(s) ds \right\|_{C^0}, \left\| \int \tilde{\psi}(s) ds \right\|_{C^0} \right\}$
 S. for N large, $F_1 = (f_1, \psi_1)$ is a genuine solution of R and
 F_1 satisfies the boundary conditions.

Now construction of (f_2, ψ_2) is easy: $f_2(t) = t f_1(t)$ and ψ_2 can be easily constructed from the fact that $\psi_i \circ \psi_i^{-1} \approx \psi(0)$. This proves the key lemma.

- Reference : 1. Introduction to the h-principle , Y. Eliashberg and N. Mishachev
 2. Convex Integration theory , D. Spring
 3. Partial Differential Relation , M. Gromov.

One-dimensional convex integration

Motivation of convex integration =

Eg. Consider a path $\gamma : I = [0,1] \rightarrow \mathbb{R}^2$, $\gamma(t) = (\gamma_1(t), \gamma_2(t))$. It can be shown that any path of length l can be uniformly approximated by a path of length L if $l < L$ (fixing $\gamma(0), \gamma(1)$). Hence, the solutions to $\dot{x}^2 + \dot{y}^2 < 1$ can be C^0 -approximated by those to $\dot{x}^2 + \dot{y}^2 = 1$. (i.e. the world line of a particle can be C^0 -approximated by that of photon) This says that the space of solutions $I \rightarrow \mathbb{R}^2$ of $\dot{x}^2 + \dot{y}^2 = 1$ is C^0 -dense to the space of solutions to $\dot{x}^2 + \dot{y}^2 < 1$.

This motivates us to consider the "fibewise convex hull" of the original relation.

Recall : A formal solution $F = (f, \varphi)$ of $R \subseteq J^1(\mathbb{R}, \mathbb{R}^k)$ is short if $df(R) \subseteq \text{Conv}_F(R)$

We have proved last time the following lemma :

Lemma : (One dimensional convex integration) :

Let $R \subseteq J^1(\mathbb{R}, \mathbb{R}^k)$ be an open differential relation and $F = (f, \varphi) : I \rightarrow R$ be a short formal solution of R . Then there exists a anti. family of short formal solutions $F_z = (f_z, \varphi_z) : I \rightarrow R$, $z \in [0,1]$ s.t.

- (i) $F_0 = F$; F_1 = genuine solution ; $F_z(0) = f(0)$, $F_z(1) = f(1)$ for all $z \in [0,1]$.
- (ii) f_z is (arbitrarily) C^0 -close to f

We will start to consider a parametric family of such one dimensional open relation: for any fiber bundle $p : X \rightarrow V$, we may consider parametric sections :

$f = p \times V \rightarrow P \times X$, where P is the space of parameters and provided that $(p, v) \mapsto (p, f_p(v))$

f is anti. w.r.t. $p \circ P$. Then we can define "fibered differential relation" $R \subseteq P \times X^{(1)}$ and genuine/formal solution to R similarly.

Now let $P = I^l$ be a cube.

Theorem (Parametric one-dimensional convex integration)

Let $R \subseteq I^l \times J^1(\mathbb{R}, \mathbb{R}^k)$ be an open fibered differential relation and

$F = F(p, t) = (f(p, t), \varphi(p, t)) : I^l \times I \rightarrow R$ be st. for all $p \in I^l$, the section

$F(p, t) = \{p\} \times I \rightarrow R_p := R \cap (fp) \times J^1(\mathbb{R}, \mathbb{R}^k)$ is a short formal solution of R_p , (briefly, we will call it "fibewise short formal solution".)

Suppose $f(p,t)$ smoothly depends in p ad when $p \in \text{Op}(\partial I^l)$. $f(p,t)$ is a genuine solution of R_p .

Then there exists a homotopy of fibrewise short formal solutions

$$F_t = F_t(p,t) = (f_t(p,t), \Psi_t(p,t)) : I^l \times I \rightarrow R, t \in [0,1] \text{ st.}$$

- (1) $F_0 = F$; F_1 = genuine solution of R ; $F_1(p,0) = F(p,0)$, $F_1(p,1) = F(p,1)$ for all $p \in I^l$
- (2) f_{t_0} is arbitrarily C^0 -close to f

- (3) F_1 is a constant for $p \in \text{Op}(\partial I^l)$.

- * (4) $\partial_p f_t(p,t)$ is arbitrarily C^0 -close to $\partial_p f(p,t)$

(*) It is really similar to the non-parametric case.

(A) (Reduction). As before, we may assume $f \equiv 0$. To reduce further,

we define a "fibered flower" - $\Psi : I^l \times S \rightarrow I^l \times R^{\mathbb{R}}$, $\Xi = \Psi(I^l \times S)$

$$I_p := \Psi(Sp \times S) \subseteq Sp \times R^{\mathbb{R}} \text{ abstract flower}$$

Claim = We only need to prove the case when

- $R_p = Sp \times R \times \overline{B_{\frac{1}{2}}(0)} \times I_p \subseteq Sp \times J^1(R, R^{\mathbb{R}})$ for all $p \in I^l$ for a fibered flower Ξ st. $0 \in \text{IntConv}(\partial I_p)$ for each $p \in I^l$.
- $F = (0,p) = I^l \times I \rightarrow R$ with $\Psi \equiv \Psi$.

Actually, the claim follows from the sublemma below:

Sublemma: Let $R \subseteq I^l \times J^1(R, R^{\mathbb{R}})$ ad $F = (0,p) : I^l \times I \rightarrow R$ be fibrewise short formal solution of R . Then there exists $\delta > 0$ st. if $t_0 \in [0, 1-\delta]$ we can choose a fibered flower $\Xi = \Xi(t_0) \subseteq I^l \times F_{t_0,0}$ st. for each $p \in I^l$

$$\text{or } 0 \in \text{IntConv}(\partial I_p)$$

$$\text{or } \Psi_0(p,t) = \Psi(p, t_0 + \delta t), t \in I$$

$$(3) Sp \times [t_0, t_0 + \delta] \times \overline{B_{\frac{1}{2}}(0)} \times I_p \subseteq R_p \text{ for sufficiently small } \delta > 0.$$

(*) Let $t_0 \in I$. Let $\Psi_0 = (p, t) \mapsto \Psi(p, t_0 + \delta t)$ with δ chosen later.

For all $p_0 \in I^l$, as before, we can choose a flower I_{p_0} as in the proof of Lema and using the openness of R extend I_{p_0} over a neighborhood V of $p_0 \in I^l$

st. for all $p \in V$, $0 \in \text{IntConv}(\partial I_p)$ and $\Psi_0(p,t)$ are paths in $\text{Conv}(p_0, p, t)$.

Now choose a finite covering of I^l by $V_j, j=1, \dots, L$, and denote the corresponding flower by Ψ^{V_j} , which consists of petals $\Psi_i^{V_j} = V_j \times I \rightarrow R, i=1, \dots, N_j, j=1, \dots, L$.

May choose $V'_j \subseteq V_j$ (slightly smaller open sets) st. $\overline{V'_j} \subseteq V_j$ and $\bigcup V'_j = I^l$.

Choose cut-off function $\beta^j : I^l \rightarrow [0,1]$ st. $\beta^j|_{V'_j} = 1$, $\beta^j|_{I^l \setminus V'_j} = 0$.

For $i=1, \dots, N_j$, set $\Psi_i^{V_j}(p,t) = \Psi_i^{V_j}(p, \beta^j(p)t)$ for $p \in V'_j$ and $\Psi_i^{V_j}(p,t) = \Psi(p, t_0)$ for $p \in I^l \setminus V'_j$.

Then the fibred flower with stem $\psi_0(p,t) = \varphi(p, t \circ \text{rot } t)$ and petals ψ_i^j $\begin{matrix} j=1 \dots L \\ i=1 \dots N \end{matrix}$
 satisfies 1) and 2). Using openness of R and compactness of I , δ can be chosen.

B) (Convex Decomposition of a Section)

Let \mathbb{F} be a fibred flower. Set $a_i(p) = \psi_i(p, 1)$, $i=1 \dots N$, $p \in I^L$.

For any smooth section $d: \mathbb{I}^L \rightarrow d(p) \in \text{int conv } \mathbb{F}_p$. There exists smooth functions $d_i: I^L \rightarrow [0, 1]$, $i=1 \dots N$ st. $d_1(p) + \dots + d_N(p) = 1$. $d_1 a_1 + \dots + d_N a_N = d$.

(f.) We can do it locally at any open neighborhood of p . Then it is just a partition of unity argument.

C) (Construction of homotopy F_2)

Apply the proof of the Main lemma parametrically. Consider "0 and $d(p)$ " instead of "0 and d " in the previous proof with weights $d_i(p)$, $d_i(p)$ depends on p .

Then the functions $\varphi_\varepsilon(p, t)$ can be constructed to satisfy 1) and 2).

As for 3), it suffices to set $F_2 = F_{\beta(p)} z$, where $\beta: I^L \rightarrow [0, 1]$ is 0-valued near ∂I^L and equal to 1 on a slightly smaller cube $I_1^L \subseteq I^L$, so that $F_2(p, t) = F(p, t)$ is a genuine solution of R_p for all $p \in I^L \setminus I_1^L$.

Now for 4), for $F = (0, \psi)$, we want to show that f_i can be chosen st. $\partial_p f_i(p, t)$ is arbitrary close to 0.

Take the uniform product $\psi_i(p, \sigma) = \psi_1(p) \cdot \dots \cdot \psi_i(p) \cdot \tilde{\psi}(p)$ of N factors and set $f_i(p, t) = \int_0^t \psi_i(p, \sigma) d\sigma$. Then $\partial_p f_i(p, t) = \int_0^t \partial_p \psi_i(p, \sigma) d\sigma$, where $\partial_p \psi_i(p, \sigma) = \partial_p \psi_1(p) \cdot \dots \cdot \partial_p \psi_i(p) \cdot \partial_p \tilde{\psi}(p)$.

Since $\int_0^1 \partial_p \psi_i(p, \sigma) d\sigma = \partial_p \int_0^1 \psi_i(p, \sigma) d\sigma = 0$. Hence by the previous property, we have $\|\partial_p f_i\|_{C^0} = \frac{1}{N} \max \{\|\partial_p g\|_{C^0}, \|\partial_p h\|_{C^0}\}$ with $\begin{cases} g(t) = \int_0^t \psi_1(p, \sigma) d\sigma \\ h(p, t) = \int_0^t \tilde{\psi}(p, \sigma) d\sigma \end{cases}$

Then for N large, $\|\partial_p f_i\|_{C^0}$ is small.
 \uparrow arbitrarily.

Now we will use these two 1-D convex integration lemmas to complete an approximation step in the proof of C^1 -isometric immersion.

Let (V^n, g) , (\mathbb{R}^k, h) be Riemannian.

standard metric

We will consider the bundle $p: V^n \times \mathbb{R}^k \rightarrow V^n$ and the isometric relation R_{120} defined by $f^* h = g$ for sections $f: V^n \rightarrow (V^n \times \mathbb{R}^k)$.

Given a pair of metrics g and \tilde{g} on V (\tilde{g} can be semi-Riemannian), we define

$$r(\tilde{g}, g) : TV \setminus V \rightarrow \mathbb{R}$$

$$v \mapsto r(\tilde{g}, g)(v) = \frac{\|v\|_{\tilde{g}}}{\|v\|_g} \quad \text{and}$$

given a pair of maps $f, \tilde{f} : (V, g) \rightarrow (\mathbb{R}^k, h)$ we define

$$dg(f, \tilde{f}) : TV \setminus V \rightarrow \mathbb{R}$$

$$v \mapsto dg(f, \tilde{f})(v) = \frac{\|f_* v - \tilde{f}_* v\|_h}{\|v\|_g}.$$

Then we have

(i) If $g_1 \geq g_2$, then $r(\tilde{g}, g_1) \leq r(\tilde{g}, g_2)$

(ii) $r(\tilde{g}, g) \leq r(\tilde{g} + g_1, g + g_1)$ if $r(\tilde{g}, g) < 1$

(iii) If $g_1 \geq g_2$, $dg_1(f, \tilde{f}) \leq dg_2(f, \tilde{f})$

Note $r(g, \tilde{g})$ and $dg(f, \tilde{f})$ will not depend on the length of v .

Def.: An embedding $f : (V, g) \rightarrow (\mathbb{R}^k, h)$ is ϵ -isometric if $(1-\epsilon)g \leq f^* h \leq (1+\epsilon)g$

Lemma: $\forall \epsilon > 0$ any ^{strictly} short embedding $f : (I, g) \rightarrow (\mathbb{R}^k, h)$ can be ϵ -approximated by ϵ -isometric embeddings. Moreover, for all $\rho > 0$, the approximating map \tilde{f} can be chosen to be st. $dg(f, \tilde{f}) < r(g - f^* h, g) + \rho$.

pf.1.: Let $f : (I, g) \rightarrow (\mathbb{R}^k, h)$ be a strictly short embedding.

Let τ be an orienting g -unit vector field on I , i.e. $\exists t \in I$, $\|\tau\|_g = 1$.

Then $R_{1,0} \subseteq J^1(I, \mathbb{R}^k) = I \times \mathbb{R}^k \times \mathbb{R}^k$ over a point $(t, y) \in I \times \mathbb{R}^k$ is the unit sphere $S^2(t, y) = \{w \in \mathbb{R}^k \mid \|w\|_h = 1\}$.

Choose a normal vector field n to $f(I) \subseteq \mathbb{R}^k$. Instead of the relation $R_{1,0}$ over $I \times \mathbb{R}^k$, we can consider $R_f \subseteq R_{1,0}$ over $f(I) \subseteq I \times \mathbb{R}^k$, which consists of vectors $w \in S^2(t, y)$ st. $w \in \text{Span}\{f_* \tau, n\}$ and $\langle w, f_* \tau \rangle_h \geq \|f_* \tau\|_h^2$.

Now $(f, \frac{f_* \tau}{\|f_* \tau\|_h})$ is a short formal solution of R_f .

Let $R_f \subseteq J^1(I, \mathbb{R}^k)$ be a small open neighbourhood of $R_f \subseteq J^1(I, \mathbb{R}^k)$

By one-dimensional convex integration lemma, $\exists \tilde{f} \in R_f$ which is

C^1 -close to f .

If \tilde{f} is sufficiently C^1 -close to f , then \tilde{f} is also an embedding.

(\Rightarrow the angle between $f_* \tau$ and $\tilde{f}_* \tau < \frac{\pi}{2}$ - a constant). $\|(\Delta, g)(I)\| + \rho$, where $\rho \rightarrow 0$ as $\tilde{f} \rightarrow f$.

$$\forall \rho > 0, dg(f, \tilde{f})(\tau) = \|f_* \tau - \tilde{f}_* \tau\|_h < \sqrt{1 + \|f_* \tau\|_h^2} + \rho = \sqrt{(g - f^* h)(I)} + \rho = \|I\|_g - \|f^* h\| + \rho$$

§3. Proof of Nash-Kuiper Theorem

Theorem (Nash-Kuiper) If $\alpha < q$ then any strictly short embedding $f: (V^n, g) \rightarrow (\mathbb{R}^q, h)$ can be C^0 -approximated by isometric C^1 -embeddings. standard metric

Sf.) (A) Decomposition of a metric:

- A positive quadratic form Q on \mathbb{R}^n can be written as $\sum_{i=1}^n l_i^2$, where l_i are linear. (Write $Q(x) = x^T A x$. A -positive definite $\Rightarrow A = B^T B$ for some invertible B $\Rightarrow Q(x) = (Bx)^T (Bx)$).
- A Riemannian metric g on V^n can be decomposed as $\sum_{\text{frame}} dX dl^2$, where dX and $l = l(X)$ is linear.

Sf.) Choose a set of local parametrizations $\{u_i: \mathbb{R}^n \xrightarrow{\sim} U_i \subseteq V^n\}$ and a partition of unity $\{d_i\}$ subordinate to $\{U_i\}$. (i.e. $\sum d_i = 1$, $\text{supp } d_i \subseteq U_i$).

Let $A_i = \text{supp}(d_i u_i)$ and $g_i = (u_i^* g)|_{A_i}$.

For each i , take positive quadratic forms Q_{ij} , $j=1, \dots, N(i)$ s.t.

$$g_j^i := g_i|_{T_x \mathbb{R}^n} \in \text{int conv}(\{Q_{ij} \mid 1 \leq j \leq N(i)\}) \text{ for all } x \in A_i.$$

Then we can write $g_i^i = \sum_j g_j^i Q_{ij}$ and decompose Q_{ij} as $\sum_{k=1}^n (l_{ijk})^2$.

$$\text{Then } g_i = \sum_{j,k} d_i(u_i^{-1})^*(d_j f_j(l_{ijk})^2)$$

(B) ε -isometric approximation

Recall: For metrics g, \tilde{g} on V , $r(g, \tilde{g}): TV|V \rightarrow \mathbb{R}$ ($v \mapsto \frac{\|D\tilde{g}|_v\|}{\|Dg|_v\|}$)

For $f, \tilde{f}: (V, g) \rightarrow (\mathbb{R}^q, h)$, $d(g, \tilde{g}): TV|V \rightarrow \mathbb{R}$ ($v \mapsto \frac{\|f_* v - \tilde{f}_* v\|_h}{\|v\|_g}$).

① (Convergence lemma)

Given $f_i: V \rightarrow \mathbb{R}^q = C^\infty$. If $f_i \xrightarrow{C^0} \tilde{f}$ and $d(g, f_i^* h) < c_i$ with $\sum_i c_i < \infty$, then \tilde{f} is C^1 and $f_i \xrightarrow{C^1} \tilde{f}$. (Only a Cauchy convergence argument.)

② (Approximation theorem)

(1) (1 D case): $\forall \varepsilon > 0$ $\exists p > 0$ any short embedding $f: (I, g) \rightarrow (\mathbb{R}^q, h)$ can be C^0 -approximated by ε -isometric embeddings \tilde{f} s.t. $d(g, \tilde{f}^* h) < r(g, f^* h, g) + p$.

(Rk: This proof follows from 1-dimensional convex integration lemma.)

(2). ($g - f^* h = d(X) dl^2$): let $f: (V^n, g) \rightarrow (\mathbb{R}^q, h)$ ($n < q$) be a short embedding

s.t. $g - f^* h = d(X) dl^2$ (in local frame). Then $\forall \varepsilon > 0, p > 0$ f can be C^0 -approximated by ε -isometric embeddings \tilde{f} s.t. $d(g, \tilde{f}^* h) < r(g, f^* h, g) + p$.

(pf). We will reduce it to the parametric 1-D convex integration lemma.

It suffices to consider $(V, g) = (\mathbb{R}^n, g)$.

Note that f is isometric on $P = \{l(x) = \text{const.}\}$ — the $(n-1)$ -dimensional affine foliation of the leaves of f .

Let v be the vector field on \mathbb{R}^n normal to the leaves of P (wrt g).

\rightsquigarrow The integral curves of v forms a foliation L normal to P .

Choose a global frame $\{\partial_i\}_{i=1}^n$ on \mathbb{R}^n st. ∂_i tangent to L ($v = \partial_1$)
 ∂_i (2nd) tangent to P .

$$\text{Then } \left\{ \begin{aligned} \langle f_* \partial_i, f_* \partial_j \rangle_h &= \langle \partial_i, \partial_j \rangle_g, \quad 2 \leq i, j \leq n, \\ \langle f_* \partial_1, f_* \partial_j \rangle_h &= \langle \partial_1, \partial_j \rangle_L, \quad 2 \leq j \leq n, \\ \langle f_* \partial_1, f_* \partial_1 \rangle_h &= \langle \partial_1, \partial_1 \rangle_g - \langle \partial_1, \partial_1 \rangle_{L \times L} dL^2 \end{aligned} \right.$$

Choose a normal vector field n to $f(\mathbb{R}^n) \subseteq \mathbb{R}^k$. Then f can be considered as a family of maps $f_p: L_p \rightarrow \mathbb{R}^k$, where L_p are the leaves of L , and hence by parametric one-dimensional convex integration lemma, for R_f — the isometric relation on L_p and R_f — the ε -isometric relation, we can choose f st.

$\tilde{f}_i = f_* \partial_i$ is arbitrary C^0 -close to $\partial_i = f_* \partial_i$ ($i=2, \dots, n$). In particular, \tilde{f} will be an embedding. Moreover, $\langle \tilde{f}_i \partial_i, \tilde{f}_j \partial_j \rangle_h, 2 \leq i, j \leq n$ can be made arbitrarily small by choosing R_f sufficiently close to R_f . Then \tilde{f} is st. \tilde{f}_h is arbitrarily close to g .

As in 1-D case, $\forall \rho > 0$, by choosing R_f sufficiently close to R_f , \tilde{f} is st.
 $d(g, \tilde{f}) \leq r(g - \tilde{f}_h, g) + \rho$.

(3). (General case). Let $n < k$. $\forall \rho > 0 \exists p > 0$ any short embedding $f: (V, g) \rightarrow (\mathbb{R}^k, h)$ can be C^0 -approximated by ε -isometric embeddings \tilde{f} st. $d(g, f_* \tilde{f}) < N \varepsilon r(g - f_* h, g) + \rho$, here N is the number st. $g - f_* h = \sum_{i=1}^N L_i(W(d\tilde{f}_i))$ (local frame).

(pf). Let $g - f_* h = \sum_{i=1}^N p_i$ be the decomposition.

$$\text{Let } g_k = f_* h + \sum_{i=1}^k p_i, \quad k=1, \dots, N. \quad (g_N = g)$$

Then by (2) we can construct embeddings f_1, \dots, f_N st. f_i is arbitrarily close to g_i , $i=1, \dots, N$. In particular, $\tilde{f} = f_N$ is st. \tilde{f}_h is arbitrarily close to $g = g_N$. Moreover, f_1, \dots, f_N can be chosen st. $d_{g_i}(f_{i+1}, f_i) < r(p_i, g_i) + \rho'$, where $f_0 = f$, $\rho' = \frac{\rho}{N}$ since $g \geq g_i$ and $r(p_i, g_i) < 1$, $i=1, \dots, N$, we have.

$$d(g, f) \leq d_{g_N}(f, f) < r(p_1, g_1) + \rho' \leq r(p_1 + p_2 + \dots + p_N, g_1 + p_2 + \dots + p_N) + \rho' = r(g - f_h, g) + \rho'$$

$$d(g, f) \leq d_{g_2}(f, f_2) < r(p_2, g_2) + \rho' \leq r(p_2 + p_3 + \dots + p_N, g_2 + p_3 + \dots + p_N) + \rho' = r(g - f_h, g) + \rho'$$

$$\{ d(f_{N+1}, f_N) \leq d_{g_N}(f_{N+1}, f_N) < r(g_N, g_N) + p' = r(g-f^*h, g) + p'$$

$$\text{Then } d_g(f, f) = d_g(f_0, f_N) \leq d_g(f_0, f_1) + \dots + d_g(f_{N-1}, f_N) < N r(g-f^*h, g) + p.$$

(c) Proof of Nash-Kuiper Theorem

Choose constants $p_i > 0$ s.t. $\sum_i p_i < \infty$ and a constant $k > 0$ s.t. $k^2 f^*h > g$.

Fix a decomposition of $g-f^*h$ ($= \sum_i \delta_i$) and fix a positive sequence $\varepsilon_i \downarrow 0$ s.t. $\sqrt{\delta_1} + \sqrt{\delta_2 - \delta_1} + \dots + \sqrt{\delta_m - \delta_{m-1}} + \dots < \infty$.

Note that if we set $g_i = f^*h + \delta_i(g-f^*h)$, then $g_i \rightarrow g$.

On the other hand, $f^*h < g_i$ and hence $f_0 - f \circ (\nu, g_i) \rightarrow (\mathbb{R}^k, h)$ is strictly short.

By approximation theorem, we can C^0 -approximate the embedding f_0 by an ε_1 -isometric embedding $f_1 : (V, g_i) \rightarrow (\mathbb{R}^k, h)$ s.t. $d(f_0, f_1) < N r(\delta_i(g-f^*h), g_i) + p_i$,

$$= N \sqrt{\delta_i} r(g-f^*h, g_i) + p_i \leq N \sqrt{\delta_i} r(g-f^*h, f^*h) + p_i = N k \sqrt{\delta_i} r(g-f^*h, k^2 f^*h) + p_i \\ < N k \sqrt{\delta_i} r(g-f^*h, g) + p_i.$$

For ε_1 sufficiently small, $f_1^*h \approx f^*h + \delta_1(g-f^*h)$, and hence $f_1^*h < \underbrace{f_0^*h + \delta_2(g-f^*h)}_{\delta_2}$, which means $f_1 : (V, g_1) \rightarrow (\mathbb{R}^k, h)$ is strictly short.

Hence, $\forall \varepsilon_2 > 0$ we can C^0 -approximate the embedding f_1 by an ε_2 -isometric embedding $f_2 : (V, g_1) \rightarrow (\mathbb{R}^k, h)$. Choose ε_1 sufficiently small, we can make $f_2 - f_1^*h$ close to $(\delta_2 - \delta_1)(g-f^*h)$

$$d(f_1, f_2) < N r((\delta_2 - \delta_1)(g-f^*h), g_2) + p_2 = N \sqrt{\delta_2 - \delta_1} r(g-f^*h, g_2) + p_2 \\ \leq N \sqrt{\delta_2 - \delta_1} r(g-f^*h, f^*h) + p_2 \leq N k \sqrt{\delta_2 - \delta_1} r(g-f^*h, k^2 f^*h) + p_2 \\ \leq N k \sqrt{\delta_2 - \delta_1} r(g-f^*h, g) + p_2.$$

The sequence $\{f_i\}$ can be shown C^0 -converging to some anti. map \bar{f} .

On the other hand, $\sum_i d(f_i, f_{i+1}) < N k r(g-f^*h, g) (\sqrt{\delta_1} + \sqrt{\delta_2 - \delta_1} + \dots) + \sum_i p_i < \infty$.

By convergence lemma, \bar{f} is C^1 -isometric embedding and $f_i \xrightarrow{C^1} \bar{f}$.

Remark: Such C^1 -isometric embedding may not be C^2 due to curvature reason.

Eg: A flat torus is $\frac{\mathbb{R}^2}{\mathbb{Z}^2} \cong T^2$, where $\mathbb{Z} = \mathbb{Z}_{e_1} + \mathbb{Z}_{e_2}$.

- The Gaussian curvature of $\frac{\mathbb{R}^2}{\mathbb{Z}^2}$ is 0.
- A compact C^2 surface in \mathbb{R}^3 has a point with positive Gaussian curvature.
- By Theorem Ergonim, no C^2 -isometric embedding of a flat torus in \mathbb{R}^3 exists.

4. C^1 -isometric embedding of the flat torus.

- Another proof of one-dimensional convex integration

Let $R \subseteq J^1(\mathbb{R}, \mathbb{R}^d)$ and $F = f \circ \varphi : I \rightarrow R$ be a short formal solution, i.e. $df(x) \subseteq \text{conv}_x R$. Then there exist genuine solutions \tilde{f} arbitrarily C^1 -close to f .

(\tilde{f}, h) \rightsquigarrow (Integral representation lemma)

For such F , $I \ni h = [0,1] \times [0,1] \rightarrow \bigcup_{x \in \mathbb{R}} R_x$
 $(x,t) \mapsto h(x,t) \in R_x$, $y \in \mathbb{R}^d$ $\Leftrightarrow \{z \mid (x,y,z) \in R, x \in \mathbb{R}, y \in \mathbb{R}^d\}$

such that $f'(x) = \int_0^1 h(x,t) dt$, $h(x,0) = h(x_1)$. (h is called the loop)

(\tilde{f}, h). For any $f'(x)$, take a_1, \dots, a_k in a path-connected component of R_x , for whose convex hull contains $f'(x)$. By the path-connectedness, there exists a smooth map $\psi : [0,1] \rightarrow R_x$ s.t. $\psi(0) = \psi(1)$, $\psi(s_i) = a_i$ for some $s_i \in [0,1]$, $i=1, \dots, k$.

Let $d\mu_i$ be a continuous positive measure on $[0,1]$ s.t. $\int_0^1 d\mu_i = 1$ and $d\mu_i \approx \delta(s-s_i)$ (e.g. $d\mu_i = f_i(s) ds$ with f_i a smooth function concentrating near s_i).

Then the integrals $b_i = \int_0^1 \psi(s) d\mu_i(s)$ is close to $a_i = \psi(s_i) = \int_0^1 \psi(s) \delta(s-s_i) ds$ for $i=1, \dots, k$. Hence $f'(x)$ will lie in the convex hull of b_i ($1 \leq i \leq k$) if b_i close to a_i .

Since "being in the convex hull" is an open condition, actually on a small neighborhood of $f'(x)$, we can pick $\psi : \text{Op}(x) \times [0,1] \rightarrow \bigcup_{x \in \text{Op}(x)} R_x$ for s.t. $\psi(x,0) = \psi(x_1)$, $\psi(x,s_i) = a_i(x)$ and $f'(x)$ lies in the convex hull of $\{\psi(x,s)\}_{1 \leq s \leq k}$. Then we may have $b_i(x) = \int_0^1 \psi(x,s) d\mu_i(s)$ close to $a_i(x)$. Then since $f'(x)$ lies in the convex hull of $b_i(x)$ for $x \in U$.

We can pick $p_i(x) \geq 0$, $\sum_{i=1}^k p_i(x) = 1$ s.t. $\sum_{i=1}^k p_i(x) b_i(x) = f'(x)$. Letting $d\mu$ be a $\text{Op}(x)$ -parametrized family of measures s.t. $d\mu_x = \sum_{i=1}^k p_i(x) d\mu_i$, we get $\int_0^1 \psi(x,s) d\mu_x(s) = \sum_{i=1}^k p_i(x) \int_0^1 \psi(x,s) d\mu_i(s) = \sum_{i=1}^k p_i(x) b_i(x) = f'(x)$. A partition of unity argument can make sure that we can define $d\mu_x$ to be a $[0,1]$ -parametrized family. Now define $\lambda : [0,1] \times [0,1] \rightarrow [0,1]$ by $\lambda(x,t) = \int_0^t d\mu_x$. Then $\frac{\partial \lambda}{\partial t} \geq 0$. $\Rightarrow \lambda^t$ exists and is smooth.

Let $h(x,s) = \psi(x, \lambda^s(x))$, and we have $f'(x) = \int_0^1 h(x,s) ds$ for all $x \in [0,1]$.

Now setting $F : I \rightarrow \mathbb{R}^d$ by $F(t) = f(0) + \int_{x=0}^t h(x, \{Nx\}) dx$, where $N \in \mathbb{N}$ and $\{Nx\}$ is the fraction part of Nx . Then $\|F - f\|_{C^0} \leq \frac{M}{N}$, where M is a const depending on h , and hence F will be a genuine solution and c^1 close to f if N large. ([1], Page 17, 18).

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- In our case, the isometric embedding problem in one dimensional is st. Ray is a sphere of radius $r(s)$ in \mathbb{R}^n . In the case, f is short iff $\|f'(s)\| \leq r(s)$. Assume f' is never 0 and let $n: I \rightarrow \mathbb{R}^n$ be the vector field normal to f . Let $t(s) = \frac{f'(s)}{\|f'(s)\|}$. We choose the loop $h(x, \cdot)$ by
$$h(s, u) = r(s) \left(\cos(\operatorname{ds} \cos(2\pi u)) t(s) + \sin(\operatorname{ds} \cos(2\pi u)) n(s) \right) \text{ with } \operatorname{ds} := J_0^{-1}\left(\frac{\|f'(s)\|}{r(s)}\right),$$
where $J_0(x) = \int_0^1 \cos(x \cos(2\pi u)) du$ the Bessel function restricted to $[0, 2]$. $\sim (x)$
- For $T^2 \approx \mathbb{R}_{\geq 2}^2$ case, we want to find $f_{\text{iso}}: (T^2, \mu) \rightarrow (\mathbb{R}^3, \langle \cdot, \cdot \rangle_{\mathbb{R}^3})$ satisfying $f_{\text{iso}}^* \langle \cdot, \cdot \rangle_{\mathbb{R}^3} = \mu$. We start with the primitive case $\mu = f^* \langle \cdot, \cdot \rangle_{\mathbb{R}^3} + \text{perp}$. We choose $V \in \text{ker} l$, with relatively prime integer coordinate. $\stackrel{\text{function}_0}{\uparrow} \stackrel{\text{linear}}{\uparrow}$
Then $\gamma: [0, 1] \rightarrow T^2$ is simple closed in T^2 .
 $t \mapsto 0 + tV$

Consider U st. U, V is an orthogonal basis of \mathbb{R}^2 and $\|UV\| \|V\| = 1$

We first consider the "Cylinder" case: $0 + tV + sU$, $t \in \mathbb{R}_{\geq 2}$, $s \in [0, 1]$.

(WLOG, we may assume $l(U) = \|UV\|$.)

- "Cyl": (the convex integration on cylinder).

We want to get ε -isometric embedding for (Cyl, μ) into $(\mathbb{R}^3, \langle \cdot, \cdot \rangle_{\mathbb{R}^3})$

Before $\phi_t: I \rightarrow \text{Cyl}$
 $s \mapsto 0 + tV + sU$, $t \in \mathbb{R}_{\geq 2}$

We would apply to each $f \circ \phi_t$ the one dimensional convex integration: $m = \frac{Uf \wedge Vf}{\|UV\| \|V\|}$

$$h(t, s, u) = h(\phi_t(s), \cos(2\pi u))$$

$$h(\phi_t(s), \cos(2\pi u)) = r(p)(\cos(\operatorname{d}(p)c) + p) + \sin(\operatorname{d}(p)c) n(p) \quad , \quad r = \sqrt{\mu(U, V)}, \quad t := \frac{U \cdot f}{\|UV\|}, \quad J = J_0^{-1}\left(\frac{\|UV\| f}{r}\right)$$

And the " ε -isometric solution" is $F \circ \phi_t(s) := f(0 + tV) + \int_{u=0}^s h(t, u, \{Nu\}) du$.

But in this case, we will find $F^* \langle \cdot, \cdot \rangle_{\mathbb{R}^3}(0, V) \neq \frac{\cos(2\pi u/s)}{\|UV\|} \mu(U, V)$.

Hence, unless $\mu(U, V)$ is null, F will not be a ε -isometric solution.

Now we adjust V by $V' = V + \xi U$ with $\xi = -\frac{\mu(U, V)}{\mu(V, V)}$ so that $\mu(W, V) = 0$.

- " T^2 ": (the convex integration on the torus T^2)

Though we have constructed an ε -isometric embedding of cylinders, but this will not be an ε -isometric embedding of the torus since the boundary may not coincide. Thus we will make some adjustment.

We define $\bar{F} \circ \psi(t, s) = F \circ \psi(t, s) - w(s)(F \circ \psi(t, 1) - f \circ \psi(t, 1))$, where ψ is the integral curve of W and $w: I \rightarrow I$ is S-shaped with $w(0) = 0$, $w(1) = 1$, $w^{(4)}(0) = w^{(4)}(1) = 0$.

After computation, we can see \bar{F} is an ε -isometric embedding st.

1. $\|\bar{F} - f\|_\infty \leq \frac{k_1(h)}{N}$ a constat depending on h .

2. $\|\Delta \bar{F} - df\|_\infty \leq \frac{k_2(h, \beta, \psi, w')}{N} + \sqrt{\eta} \|P\|^\frac{1}{2}$

3. $\|V \cdot \bar{F} - V \cdot f\| \leq \frac{1}{N} k_3(h, \psi)$

4. $\|W \cdot \bar{F} - W \cdot f\| \leq \sqrt{\eta} \|V\| (1 + \|w'\|_\infty) \|P\|^\frac{1}{2}$

5. $\|M - \bar{F}^* \langle \cdot, \cdot \rangle_{R^3}\|_\infty \leq \frac{1}{N} K_4(f \circ \psi, r, h, w', \psi')$. We will denote \bar{F} by $IC(f, M, N)$.

Now we start to decompose the metric.

We assume f is st. $D = g - f^* \langle \cdot, \cdot \rangle_{R^3}$ belongs to the open cone $\mathcal{C} = \{f_1 D_1 \otimes l_1 + f_2 D_2 \otimes l_2 + f_3 D_3 \otimes l_3\}$, where $l_1 = dx$, $l_2 = \frac{1}{\sqrt{5}}(dx + dy)$, $l_3 = \frac{1}{\sqrt{5}}(dx - dy)$.

Let $M_1 = f^* \langle \cdot, \cdot \rangle_{R^3} + p_1(D_1) l_1 \otimes l_1$, $D_1 := D$. \rightarrow We have $f_1 = IC(f, M_1, N_1)$.

Then we can prove that for N large, $D_2 = g - f_1^* \langle \cdot, \cdot \rangle_{R^3} \in \mathcal{C}$, $p_1(D_2) \approx 0$, $p_3(D_2) \approx p_3(D_1)$. Then $(p_3(D_2)) > 0$, and we can set $M_2 = f_1^* \langle \cdot, \cdot \rangle_{R^3} + p_2(D_2) l_2 \otimes l_2$, and build the quasi isometry $f_2 = IC(f_1, M_2, N_2)$.

Similarly, for N_2 large enough, we can prove $D_3 = g - f_2^* \langle \cdot, \cdot \rangle \in \mathcal{C}$, write

$D_3 = p_1(D_3) l_1 \otimes l_1 + p_2(D_3) l_2 \otimes l_2 + p_3(D_3) l_3 \otimes l_3$, and then $p_1(D_3) \approx 0$, $p_2(D_3) \approx 0$, $p_3(D_3) \approx p_3(D_2)$.

Since $p_3(D_3) > 0$, we can set $M_3 = f_2^* \langle \cdot, \cdot \rangle_{R^3} + p_3(D_3) l_3 \otimes l_3$, with $f_3 = IC(f_2, M_3, N_3)$.

We denote f_3 by $IC(f, g, N_1, N_2, N_3)$.

Now for the last step, we set $F_0 : T^2 \rightarrow R^3$ be an embedding s.t. $\Delta := \langle \cdot, \cdot \rangle_{R^3} - F_0^* \langle \cdot, \cdot \rangle_{R^3}$ lies in the cone \mathcal{C} .

Set $\delta_k \uparrow 1$ and $\sum \sqrt{\delta_k - \delta_{k+1}} < \infty$, $g_k = F_0^* \langle \cdot, \cdot \rangle_{R^3} + \delta_k \Delta$

$f_k = IC(f_{k-1}, g_k, N_{k,1}, N_{k,2}, N_{k,3})$.

Then F_0 is a C^1 -isometry.

The choice of F_0 : $\begin{cases} X(x,y) = \frac{1}{2\pi}(r_2 + r_1 \cos(2\pi x)) \cos 2\pi y \\ Y(x,y) = \frac{1}{2\pi}(r_2 + r_1 \cos(2\pi x)) \sin 2\pi y \end{cases}$

↑ $Z(x,y) = \frac{r_1}{2\pi} \sin(2\pi x)$, chose $r_1 = \frac{1}{5}$, $r_2 = \frac{1}{2}$.
the standard torus parametrization